

# BATH SALTS

*Shelbyville Police Department*

# Bath Salts Nick Names

*Alternate Names For*

## **BATH SALTS**

<i>ARCTIC BLAST</i>	<i>COTTON CLOUD</i>	<i>MYSTIC</i>	<i>WHITE GIRLS</i>
<i>BAYOU IVORY FLOWER</i>	<i>DYNAMITE DYNAMITE PLUS</i>	<i>OCEAN SNOW</i>	<i>WHITE HORSE</i>
<i>BLOOM</i>	<i>ENERGIZING AROMATHERAPY POWDER</i>	<i>PURE WHITE</i>	<i>WHITE KNIGHT</i>
<i>BLUE MAGIC</i>	<i>EUPHORIA</i>	<i>RED DOVE</i>	<i>WHITE LIGHTNING</i>
<i>BLUE MAGIC</i>	<i>GOLD RUSH</i>	<i>ROUTE 69</i>	<i>WHITE RUSH</i>
<i>BLUE SILK</i>	<i>HURRICANE CHARLIE</i>	<i>SCARFACE</i>	<i>WICKED X</i>
<i>BOLIVIAN BATH</i>	<i>IVORY FRESH</i>	<i>SNOW DAY</i>	<i>WICKED XX</i>
<i>BONSAI WINTER BOOST</i>	<i>IVORY WAVE</i>	<i>SNOW LEOPARD</i>	<i>ZOOM</i>
<i>C ORIGINAL</i>	<i>IVORY WAVE ULTRA</i>	<i>TRANQUILITY</i>	
<i>CLOUD 10</i>	<i>LADY BUBBLES</i>	<i>VANILLA SKY</i>	
<i>CLOUD 10 ULTRA</i>	<i>LUNAR WAVE</i>	<i>WHITE CHINA</i>	
<i>CLOUD 9</i>	<i>MR. NICE GUY</i>	<i>WHITE DOVE</i>	

# Bath Salts

- ▣ What is Bath Salt?
  - Mephedrone and MDPC  
(Methylenedioxypropylvalerone)
    - ▣ Mephedrone was first synthesized in 1929
    - ▣ Was rediscovered and became widely known in 2003
    - ▣ 2007 Mephedrone was available for sale on the internet
    - ▣ 2008 Law enforcement became aware of the compound
    - ▣ 2010 it was prevalent in the United Kingdom and therefore was ruled illegal
    - ▣ In September 2011, Mephedrone was ruled illegal in the U.S.

# Bath Salts by name only

- ▣ Researchers have not found any evidence that the drug Bath Salt is linked to what we normally consider Bath Salts.
  - The drug “Bath Salt” does not contain any chemicals sodium Chloride (sea salt) or Magnesium Sulfate (Epson Salt).

# Intended Effects

- ▣ The intended effects of Mephedrone
  - Decreased hostility
  - Elevated mood
  - Euphoria
  - Stimulation
  - Enhanced appreciation for music
- ▣ Effects were very similar to the effects of COCAINE, Amphetamines (Meth) and
- ▣ MDMA (Ecstasy)

# Doses

- ▣ Most of these drugs are being sold in 500mg packages
  - Problem: Users believe that the 500mg is a normal dose and take the entire package. The intended normal dosage is 10mg or less.
  - Outcome: Huge spike in overdose cases and deaths and crime.

# Side Effects

- ▣ Reported side effects
  - Poor Concentration
  - Teeth grinding
  - Problems focusing visually
  - Poor short term memory
  - Hallucinations
  - Delusions
  - Erratic behavior
  - Dilated pupils

# Side Effects cont....

- Changes in body temperature
- Increased heart rate
- Increased sweating
- Anxiety
- Paranoia
- Depression
- Nose bleeds and nose burns when snorted

# Suspect in Police Car Video

- ▣ This male was taken into custody after a 911 call was made. When officers arrived they found the male with a white cloth around his eyes and a butcher knife.



# Long Term Effects

- ▣ Little is known at this time on how long term exposure to the drug will effect a person.
- ▣ There are reported cases that prolonged hallucinations, agitation, excitability and mania have existed
- ▣ Incidents were subjects had a limb amputated due to the drug.
- ▣ In some cases death has resulted in the use of the drug.

# Forms of Bath Salts

- ▣ Different forms bath salts can take
  - Capsules
  - Tablets
  - powder

# Ways to use the Bath Salts

- ▣ Swallow
- ▣ Snort
- ▣ Inject
- ▣ Smoke
- ▣ Rectally



# Fast growing trend

- ▣ Clubs

- 4<sup>th</sup> most popular drug

- ▣ Top three are GHB, Ecstasy, Rohypnol and now Bath Salts

# Who are the targets?

- ▣ Mostly the target age group is 16yrs to 20yrs old are the age where most authorities are seeing overdoses
- ▣ By the end of 2010, at least 25 states had received calls about exposure to the drug.
- ▣ Hardest hit seem to be the southern states as reported by the Poison Control Center

# Usage Stats

- ▣ In 2009 there were 0 reported cases involving Bath Salts
- ▣ 2010 – 303 reported cases to Poison Control
- ▣ 2011 – 6,072 reported cases
- ▣ 2012 - ??????
- ▣ Please remember, these are REPORTED cases

# Incidents

- ❑ In an Aug. 23 incident in Chesterton, an Indianapolis woman high on bath salts was involved in a hit-and-run accident, then hit a landscape boulder at Indiana Dunes State Park and rammed several police cars, police said. Police said she was incoherent, laughing uncontrollably and speaking nonsense
- ❑ About a month earlier in Merrillville, police believe a Merrillville man was under the influence of bath salts when he took a stun gun from a Merrillville patrolman and used it on another officer. He also was accused of biting one officer and striking another.
- ❑ In a June 4 incident in Valparaiso, bath salts were the suspected cause of strange behavior in a Portage man who was arrested. He entered a bank and apartment units and tried to hide while proclaiming himself a prophet. He claimed to have killed an archangel.

# Incidents

- ▣ Tippah County Sheriff's Deputy was shot and killed while responding to a disturbance call. The shooter was high on bath salts.
- ▣ Mississippi Deputy was hurt while attempting to take a suspect into custody who was under the influence of bath salts. The suspect thought the devil was coming after him.
- ▣ Bay County Florida it took six (6) deputies and multiple EMTs to sedate a man after he snorted two packages of Bath Salts.

# What can we do now?

- ▣ The big question is what can we do now?
- ▣ State governments including Indiana are on the fast track to outlaw the drugs.
  - That being said, as fast as they can be outlawed the drug is changed to make it legal and sold again. Internet being the main distribution of the drug.
  - [http://www.k2incenseonline.com/Bath-Salts\\_c\\_1.html](http://www.k2incenseonline.com/Bath-Salts_c_1.html)
- ▣ Educate, Educate, Educate!!!!!!!!!!!!!!!

# Questions????

- ▣ Chief Keith England
  - [kengland@cityofshelbyvillein.com](mailto:kengland@cityofshelbyvillein.com)
  
- ▣ My contact information
  - ▣ Lieutenant Michael Turner
    - ▣ Public Relations
  - ▣ [mturner@cityofshelbyvillein.com](mailto:mturner@cityofshelbyvillein.com)
    - ▣ 317-392-5106